

**LISA FOULGER** BIOGRAPHY**LISA FOULGER**

Lisa is an executive leadership and entrepreneurial growth coach with a track record of leading change, taking risks, developing leaders, building highly engaged teams and delivering outstanding business results.

Following her own 25 year global corporate career, she now partners to inspire and coach corporate executives and entrepreneurs with a growth mindset across private and non-profit sectors. Combining her business experience with coaching expertise, Lisa helps executives develop authentic leadership journeys, build diverse talent pipelines, grow their businesses and deliver exceptional business results.

She conducts Four Decisions® coaching with entrepreneurs and their leadership teams to exponentially grow and scale their business' profitably, while enjoying the ride! Coaching offered in individual and group leadership workshops covers Establishing Executive Presence, Career Management, Behavioral Agility & Growth Mindset, Influence, Strategic Networking & Strengths-Based Leadership.

Lisa loves challenges and new experiences, travel, reading, health and wellness. She enjoys volunteering to better her community and make a positive sustaining impact in building future leaders. She feels fortunate to live with her husband and three daughters in beautiful Costa Rica.

**Executive Summary:**

An entrepreneur and PCC Executive Coach and co-founder of Gol Global, Lisa offers her clients great value by coupling her coaching expertise with her 25-years in high tech global business experience across product and service businesses within transformation, delivery operations, finance, business planning, sales and customer operations, services, research & development, marketing and finance functional teams.

**Industry Specialties**

- Family Businesses
- Manufacturing
- Publishing
- High Tech
- Professional Services
- Tourism & Hospitality

**Coaching Specialties**

- Entrepreneurial Business & Growth Coaching
- Authentic Leadership & Development Coaching
- Diversity Accelerator Leadership Coaching

**Specific Expertise**

- Strengths-Based Leadership
- Behavioral Agility
- Executive Presence
- Authentic Leadership
- Professional Coaching Expertise-ICF PCC accredited
- Winning Mindset -- Growth Mindset, GRIT & Giving

**Current**

- Entrepreneur & PCC Executive Coach, Lisa Foulger Leadership Solutions & Co-founder, Gol Global
- Four Decisions® Certified Coach & Entrepreneur, Gravitas Impact
- Vice President of the Board, Women's Club of Costa Rica
- Co-Founder, REAL (Results & Engagement in Authentic Leadership) Diversity Community Coaching
- Treasurer, Lincoln School US Foundation

**Past**

- 25-year HP Global Executive leader
- Costa Rica/United States American Chamber Executive Board Member

**Education**

- Bachelor in Science, Finance, Arizona State Univ.
- MBA, International Business, Oslo Business School, ASU
- Professionally Certified Coach-ICF PCC accredited
- Strategic Management & Marketing, Stanford Executive Education Programs
- BioCode, Four Decisions® & Values Certified Coach